



Monday

6.30am – 10am

### BREAKFAST

Grapefruit Segments

Prunes/Yoghurt

Porridge/Cereal

Sausage, Bacon

Tomatoes and Egg

Toast/Preserves

### Mid-Morning

Selection of drinks including Tea, Coffee & Cold Drinks

Selection of Biscuits & Fresh Fruit/Savoury Platter

### LUNCH

OPTION 1 – Chicken & Leek in Bacon Sauce OR

OPTION 2 – Cod in Parsley Sauce

Seasonal Veg, Creamed Potatoes

### MAIN SWEET

Lemon Sponge & Custard

### Afternoon Tea

Selection of drinks including Tea, Coffee & Cold Drinks

Selection of Biscuits & Fresh Fruit/Savoury Platter

### DINNER

Soup of the Day

Sandwich Selection

Choice of Salad

Jacket Potato with Cheese & Beans

Cappuccino Slice

Daily Alternative Sweet. Yoghurt, fresh fruit salad, ice cream, cheese & biscuits

SUPPER. Selection of drinks including tea, coffee, drinking chocolate & crisp, toast/biscuits