



Summer/Autumn Menu Week – 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Grapefruit seg Prunes / yoghurt fresh fruit salad Porridge / cereal Poached egg Toast / croissants / preserves	Grapefruit seg Prunes / yoghurt fresh fruit salad Porridge / cereal Bacon and Tomatoes Toast / croissants / preserves	Grapefruit seg Prunes / yoghurt Fresh fruit salad Porridge / cereal Full English Toast / croissants / preserves	Grapefruit seg Prunes / yoghurt fresh fruit salad Porridge / cereal Bacon and Mushrooms Toast / croissants / preserves	Grapefruit seg Prunes / yoghurt fresh fruit salad Porridge / cereal Eggy Bread Toast / croissants / preserves	Grapefruit seg Prunes / yoghurt fresh fruit salad Porridge / cereal Sausage Sandwiches Toast / croissants / preserves	Grapefruit seg Prunes / yoghurt fresh fruit salad Porridge / cereal Scrambled Egg Toast / croissants / preserves
Lunch	Fruit juice/ melon/ grapefruit Prawn cocktail Chilli Con Carne or Steak and Kidney Pudding Seasonal Veg Creamed Potatoes / Rice Chocolate & Banana Bread and Butter pudding	Fruit juice/ melon/ grapefruit Prawn cocktail Shepherd's Pie Or Chicken Kiev Seasonal Veg Creamed / new chipped potatoes Sticky Date pudding and custard	Fruit juice/ melon/ grapefruit Prawn cocktail Pork, Leek and Mustard Casserole or Tuna Pasta Bake & Garlic Bread Seasonal Veg New Potatoes Lemon Sponge	Fruit juice/ melon/ grapefruit Prawn cocktail Roast turkey & stuffing or Salmon Seasonal Veg Roast / creamed potatoes Apple crumble & custard / cream	Fruit juice/ melon/ grapefruit Prawn cocktail Battered cod or Chicken Curry Seasonal Veg Chips/Rice Spotted Dick and Custard	Fruit juice/ melon/ grapefruit Prawn cocktail Beef Stew or Bubble and Squeak Seasonal Veg Parsley Potatoes Mincemeat Sponge	Fruit juice/ melon/ grapefruit Prawn cocktail Roast Lamb or Mac 'n' Cheese Seasonal Veg Roast / Creamed Fruit Pie and Ice Cream
Tea	Soup of the day Warm bread roll Sandwich selection Choice of salad Sardines on toast Cornflake Tart	Soup of the day Warm bread roll Sandwich selection Choice of salad Filled Yorkshire Pudding Ice cream Trio	Soup of the day Warm bread roll Sandwich selection Choice of salad Hot Dogs and Fried Onions Caramel Tart	Soup of the day Warm bread roll Sandwich selection Choice of salad Creamy Mushrooms on Toast Lemon Tarts	Soup of the day Warm bread roll Sandwich selection Choice of salad Fishcakes and Beans Chocolate Cake and Cream	Soup of the day Warm bread roll Sandwich selection Choice of salad Spam Fritters & fried Potatoes Peaches and Cream	Soup of the day Warm bread roll Sandwich selection Choice of salad Buffet Tea Trifle
Supper	Selection of drinks including –tea, milky coffee, horlicks, drinking chocolate and ovaltine Selection of cuppa soups / crisps/ mixed nuts & raisins / crumpets / currant teacakes / toast/ biscuits etc						