

Eastgate Care homes check-list

Nursing & Medical Care

- 24 hour RGN nursing
- Personal Care Plan for everyone
- Personal Key Worker for all residents
- Option to continue with your own GP
 - Dietician Visits as needed
 - Chiropody Services as required
 - Physiotherapy Services as needed
 - Complementary Therapy Services as needed

Housekeeping Services

- Full-time Housekeeping team
- Full In-house laundry service giving better control

Activities & Entertainment

- Full Time Activities Coordinator
 - Variety of activities, entertainment and outings
 - Local Community involvement
- Attend local church services
- Religious services
- Resident group/committee
- Visitor's Participation

General Facilities

- Purpose-built accommodation
- TV lounges
- Library – audio books, music CDs, nostalgic films on DVD
- Quiet Rooms
- Private visiting room
- Use of minibus

Personal Facilities

- Residents may bring a few small items of furniture, pictures and ornaments from home
- Private telephone line
- TV point (or flat screen TV/DVD provided)
- Free Wifi links provided
- Double rooms available
- Garden-access rooms available
- Extra large rooms available

Restaurant & Dining Facilities

- Separate restaurant/dining room
- Daily change of menu
- Vegetarian and special diets catered for
- Meals can be served in residents rooms
- Meals may be served outside on a nice day
- Assistance with feeding available
- Beverages available throughout the day
- Fresh Daily baking
- Visitors welcome to join residents for meals

Gardens

- Landscaped and well planted
- Sitting areas
- Pathways suitable for wheelchairs
- Raised beds for residents to grow plants
- Secure Garden

Safety and Specialist Features

- 24-hour nurse call system
- Well trained local English Speaking staff
- Smoke Detectors
- Thermostatic radiators (individual room heating control to suit resident)
- Full lift (can take accompanied hospital bed)
- Indoor and outdoor wheelchair access
- Bath lifts and specially equipped bathrooms
- Full-time Maintenance Officer
- CRB checked staff

Additional Check-list

- The bed is at least 900mm wide, clean, comfortable and good working condition
- The bed can be accessed from both sides or is where the resident wishes
- If advanced nursing care is provided, the bed can be height adjusted and electronically operated
- Bed linen is clean, in good condition and regularly changed
- At least one side of the bed has bedside lighting, broken bulbs are replaced promptly
- All lighting is covered with a suitable shade
- Curtains and blinds are good quality, open and close properly and darken the room
- Mirrors are safely located and fixed
- Mirrors facilitate dressing, shaving, making-up etc
- There are at least two good chairs for the resident and visitors
- Table facilities are domestic in character
- Table facilities operate at chair/bed height
- Flooring is in good condition and suitable to the circumstances. Bedrooms and communal rooms are carpeted, corridors are non-slip surfaced.
- There are no unpleasant odours
- Sufficient drawers and hanging space for storing clothes neatly
- Suitcases are not stored in residents room (unless requested)
- Footwear is stored in an enclosed area
- There are at least two easily accessible double electrical sockets
- There are no multi-way block adaptors (unless there is no alternative)
- There are no trailing cables or wires
- The room can be privately locked by the Resident
- Lockable self medication facilities exist, where needed
- Valuables can be locked away by the Resident
- There are no freestanding heaters, radiators, blowers etc
- Residents, can dine and entertain privately as they so choose
- Rooms are tastefully decorated and furnished