

Eastgate Care Homes Check-list

Nursing & Medical Care

- ✓ 24 hour RGN nursing
- ✓ Personal Care Plan for everyone
- ✓ Personal Key Worker for all residents
- ✓ Option to continue with your own GP
- ✓ Optician Visits weekly
- ✓ Dietician Visits (referred service)
- ✓ Chiropody Services if required (referred service)
- ✓ Physiotherapy Services if required (referred service)
- ✓ Complementary Therapy Services (some homes only, massage, manicure, facial)

Housekeeping Services

- ✓ Full-time Housekeeping team
- ✓ Full In-house laundry service, enabling better control

Activities & Entertainment

- ✓ Week day Activities Coordinator (most homes)
- ✓ A wide variety of activities, to; stimulate, engage, exercise, or relax
- ✓ Entertainment and occasional outings
- ✓ Local Community involvement
- ✓ Religious Groups visit (some homes)
- ✓ Resident group/committee
- ✓ Library, audio books, music CD's, films
- ✓ Visitor's Participation encouraged

General Facilities

- ✓ Purpose-built accommodation
- ✓ TV lounges
- ✓ Library – books, audio books, music CDs, nostalgic films on DVD
- ✓ Quiet Rooms
- ✓ Private visiting room can be arranged

Personal Facilities

- ✓ Residents may bring a few small items of furniture, pictures and ornaments
- ✓ Private telephone line
- ✓ TV point (or flat screen TV/DVD provided)
- ✓ Free Wifi links provided
- ✓ Double rooms (available at some homes by arrangement)
- ✓ Garden-access rooms available (some homes)
- ✓ Extra large rooms (may incur an additional charge)

Restaurant & Dining Facilities

- ✓ Separate restaurant/dining room
- ✓ Daily change of menu
- ✓ Vegetarian and special diets catered for
- ✓ Meals can be served in residen'ts rooms
- ✓ Meals may be served outside on a nice day
- ✓ Assistance with feeding available

- ✓ Beverages available throughout the day
- ✓ Fresh Daily baking
- ✓ Visitors welcome to join residents for meals (by prior arrangement only)

Gardens

- ✓ Landscaped and well planted
- ✓ Seating areas
- ✓ Pathways suitable for wheelchairs
- ✓ Raised beds (some homes) for residents to grow plants
- ✓ Secure Gardens
- ✓ Patios

Safety and Specialist Features

- ✓ 24-hour nurse call system
- ✓ Well trained local English Speaking staff
- ✓ Smoke Detectors
- ✓ Thermostatic radiators (individual room heating control to suit resident)
- ✓ Full lift (some homes can accommodate accompanied hospital bed)
- ✓ Indoor and outdoor wheelchair access
- ✓ Bath lifts and specially equipped bathrooms
- ✓ Full-time Maintenance Officer
- ✓ CRB checked staff

Additional Check list

- ✓ The bed is at least 900mm wide, clean, comfortable and good working condition
- ✓ The bed can be accessed from both sides or is where the resident wishes
- ✓ If advanced nursing care is provided, the bed can be height adjusted and electronically operated
- ✓ Bed linen is clean, in good condition and regularly changed
- ✓ At least one side of the bed has bedside lighting, broken bulbs are replaced promptly
- ✓ All lighting is covered with a suitable shade
- ✓ Curtains and blinds are good quality, open and close properly and darken the room
- ✓ Mirrors are safely located and fixed
- ✓ Mirrors facilitate dressing, shaving, making-up etc
- ✓ Seating for visitor
- ✓ Table facilities are domestic in character
- ✓ Table facilities operate at chair/bed height
- ✓ Flooring is in good condition and suitable to the circumstances. Bedrooms and communal rooms are carpeted, corridors are non-slip surfaced.
- ✓ There are no unpleasant odours
- ✓ Sufficient drawers and hanging space for storing clothes neatly
- ✓ Footwear is stored in an enclosed area
- ✓ There are at least two easily accessible double electrical sockets
- ✓ There are no multi-way block adaptors (unless there is no alternative)
- ✓ There are no trailing cables or wires
- ✓ Lockable self- medication facilities exist, where needed
- ✓ Valuables can be locked away by the Resident
- ✓ There are no freestanding heaters, radiators, blowers etc
- ✓ Residents, can dine and entertain privately as they so choose
- ✓ Rooms are tastefully decorated and furnished