Managers, Nurses & Staff send their Best Wishes to All our Residents, Families, Friends & Suppliers

Our Christmas card for 2013 brings our news to you.

Our ‘card money’ will be donated to Mysight Nottinghamshire, formerly Nottingham Royal Society for the Blind.

All Care Homes & Head Office New Number—0115 979 1234
Residents news

Melbourne House fund raising achieved great results as everyone got involved and gave generously. Money for worthy causes, Macmillan nurses and schools in Gambia were credited with £40 & £70 respectively.

Other Melbourne House activities involved a candle lighting ceremony. All residents joined in and enjoyed the visit from local Methodist Minister. Pictured above resident Irene ignites the t lights, to start the ceremony.

New Phone Number
0115 979 1234

The new integrated BT broadband telephone system, went 'live' in November, after months of planning. One number for all and an easy to remember number too; Dialling the number below will connect you to all our homes and Head Office;

0115 979 1234

1 for Alexandra House
2 for Belle Vue
3 for Melbourne House
4 for Park House
You can reach your destination by pressing no more than 2 buttons. Please let us know if you have any difficulties email enquiries @eastgatecare.co.uk or call Phil on our new number.

Touchy Feely Activities
Marie Duke Parker manager at Alexandra House got together with staff member Janet to create this very tactile wall. Residents and visitors alike love to give it a feel, with its zips, buttons, felt, pegs etc.

A frequent visitor to the home remarked—‘Everyone loves it and touches it all the time, so many different textures’

It really is a ‘crafty’ time in Eastwood, resident May pictured, takes inspiration from Janet and makes decorations for the Care Home.

Razzle Dazzle at Autumn Fare

Once again music brought much pleasure to our residents and visitors at Belle Vue, as the versatile duo Razzle Dazzle (image left) did dazzle the residents with their wonderful voices and great song choices.

Pictured above Maude, enjoys visiting her husband, resident Bill Ludlow.

Party time at all care homes

Pantomimes and parties get underway—it’s that time of year.

Belle Vue - 30th November—Christmas Party
Melbourne House—14th December -Christmas Party
Alexandra House -16th December, Christmas Party — 22nd December Pantomime, Jack & the Beanstalk.

Good Old Days bring fun
...... with the glam activity at Alexandra House as Gloria pictured right enjoyed dressing up like old times. Organiser Janet likes dressing up too and manages to get the residents dancing along with some of the old tunes, which is always uplifting.

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visit our website at www.eastgate-care.co.uk
Training News

Rebecca Williams our training manager is making a big impact on the content of our training packages. She is keen on making the training we deliver as varied and comprehensive as possible. Staff feedback has been good embracing e learning packages along with more traditional training methods.

One of the key areas Rebecca is focused on is Dignity. She has used different ways of helping staff think about dignity, what it means to staff and how they can deliver care, focusing on such an important aspect. Rebecca likes to work alongside staff wherever possible where she can lead by example and explain things in more detail.

Beautifully Painted....

…..on the Belle Vue wall, the inspiring dignity tree (below) Words encourage and inspire everyone to put their individual heartfelt comments about dignity. Staff, residents, visitors and family, can add an ‘apple slice’ with their personal thoughts.

Dignity Champions

Dementia is predicted to increase dramatically over the coming decades along with the cost of dealing with the condition.

New Alzheimers society research shows that less than half of people feel they have a good understanding of the disease.

Dementia Friends is about giving more people an understanding of dementia and the small things that could make a difference to individuals living in their community.

Dementia Friends can use their knowledge in day to day life to volunteer to support people with the condition in hospitals and care homes. The schemes ambition is to give a million people a better understanding of the condition by 2015.

Visit www.dementiafriends.org.uk to find out more or to volunteer as a Champion.

CQC Policy Update

At the recent National Care Show leading speaker Allen Rosenbach, senior policy advisor for the CQC, gave an update on their role. The main aim of the CQC being:

‘To provide safe and effective compassionate high quality care’

From next year the ‘Fresh Start’ aims to change the way CQC monitors, inspects and regulates care homes, home care and other adult care services. There will be a new quality rating system introduced based on the Ofsted (schools inspection) style system. Further consideration is the inclusion of a surveillance model, although industry concerns point out the need for dignity and the privacy of individuals.

Care homes will be rated on safety, effectiveness, caring, whether they are responsive to people’s needs and if they are well led.

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Mayor launches Melbourne Cyclists

In the foreground Melbourne cyclists get off to a good start, all kitted out, the mayor cuts the ribbon to launch them on their way. This follows the successful launch of the cycle to work programme at nearby Park House.

Amazingly at the same time, Geo Green Power started their installation of PV roof panels to provide electricity from sunlight - clean safe and efficiently. A double day for green power as Eastgate reduce their carbon footprint.

Dignity Champions

Love doesn’t make the world go round
Love is what makes the ride worthwhile
Construction Update

Nearly Finished— Canal Vue

Eastgate’s fifth development, at Ilkeston starts to look like a Care home at last, as builders Wynbrook complete the final construction on the canal-side at Awsworth Bridge.

You can now visualise the views, as residents will be able to overlook the picturesque Erewash canal from the 5 lounges and see the daily activities.

Canal Vue will provide outstanding care accommodation for 70 residents, needing dementia and nursing care, all with spacious en-suite bedrooms.

Contact Marie Martin for any further information; marie@eastgatecare.co.uk
Phone 0115 979 1234

Stop Press;
Celebrating Canal Vue
Spring Opening
Open days
28th Feb—1st March

Eastgate Care Homes;

Alexandra House,
Wroughton Court, Eastwood,
Nottm, NG16 3GP
Tel—0115 979 1234
Manager—Marie Duke Parker

Park House,
Cinderhill Road,
Bulwell, Nottm, NG6 8SB
Tel—0115 979 1234
Manager—Jacqui Inglis

Melbourne House,
Aspley Lane, Aspley,
Nottm, NG8 5RU
Tel—0115 979 1234
Manager—Louise Rimmer

Belle Vue Lodge
Mapperley
Nottm, NG3 5FS
Tel—0115 979 1234
Manager—Lisa Crewe

Canal Vue
opening soon; Awsworth Rd,
Ilkeston,
Derby. DE7 8JF
Tel—0115 979 1234

Eastgate News
Issue 9

Extra Capacity at Belle Vue Lodge

5 superb extra en suite bedrooms will be completed in December, making a total of 60 spaces for Dementia residents.

This popular care home developed in 2012, is enjoying full capacity and the additional rooms will be welcomed locally.

Park House Completion

An extra 14 en suite bedrooms, creating a new unit, will be furnished and ready for residents to move in during December and January.

Contact care home manager Jacqui Inglis on
0115 979 1234

79 Thousand Kilowatts of Green Energy

Eastgate continues to increase their green power at all care homes, teaming up with Nottinghamshire based solar panel company Geo Green Power Ltd (GGP)

By the end of December all our Homes will have their full compliment of solar panels and be generating their own electricity, with any surplus going back to the grid.

With large amounts of roof space and high electricity bills our care homes are ideal for solar panels; The photo-voltaic (PV) solar panels, efficiently convert the suns energy into clean electricity.

We will then have an installed PV capacity of 93 Kilowatts, generating over 79,000KW’s of clean safe electricity

Creating enough power for 30 domestic homes in a year and reducing our carbon footprint by 320 tonnes annually!

The background picture on this page shows the solar panel installation at Canal Vue.

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